

詳細献立表

2022年3月1日(火)

久喜市立学校給食センター

| 食品名 | 1人分小 (g) | 1人分中 (g) | アレルゲン | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------|----------|----------|-------|----|---|----|----|-----|---|-----|----|-----|----|----|------|-----|-----|----|-----|----|----|----|------|-----|----|------|------|---------|----|-------|---|----|--|--|---|---|--|
| | | | えび | かに | 卵 | 小麦 | そば | 落花生 | 乳 | あわび | いか | いくら | さけ | さば | オレンジ | りんご | バナナ | もも | りんご | 牛肉 | 鶏肉 | 豚肉 | ゼラチン | くるみ | 大豆 | まつたけ | やまいも | カシューナッツ | ごま | アーモンド | 月 | 後期 | | | | | |
| 【ごはん】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 白飯 | 65 | 100 | | | | ▲ | | | | | | | | | | | | | | | ▲ | ▲ | | | ▲ | | | | | | | | | | ● | | |
| 【牛乳】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 飲用牛乳 | 206 | 206 | | | | | | | ● | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 【赤魚の白しょうゆ焼き】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 赤魚の白醤油焼き(40g) | 40 | 0 | | | | ● | | | | | | | | | | | | | | | | | | ● | | | | | | | | | | | ● | | |
| 赤魚の白醤油焼き(50g) | 0 | 50 | | | | ● | | | | | | | | | | | | | | | | | ● | | | | | | | | | | | | ● | | |
| 【五目ちらしの具】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 鶏むねひき肉 | 10 | 12.5 | | | | | | | | | | | | | | | | | | | ● | | | | | | | | | | | | | | | ● | |
| 芽ひじき | 0.4 | 0.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● | |
| にんじん | 10 | 12.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| たけのこ(水煮) | 4 | 5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● | |
| 油揚げ(スライス) | 4 | 5 | | | | | | | | | | | | | | | | | | | | | | | ● | | | | | | | | | | | ● | |
| 冷凍さやいんげん(カット) | 5 | 6.25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● | |
| 高野豆腐(カット) | 2 | 2.5 | | | | | | | | | | | | | | | | | | | | | | ● | | | | | | | | | | | | ● | |
| 干椎茸 | 0.8 | 1 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● | |
| ごま(白・いり) | 0.8 | 1 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● | |
| 三温糖(30kg) | 2.5 | 3.13 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● | |
| 清酒 | 0.5 | 0.63 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● | |
| 濃口醤油 | 4 | 5 | | | | ● | | | | | | | | | | | | | | | | | | ● | | | | | | | | | | | | ● | |
| 米油 | 0.5 | 0.63 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● | |
| 水 | 15 | 18.8 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 【すまし汁】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 豚もも小間切れ | 10 | 12.5 | | | | | | | | | | | | | | | | | | | | ● | | | | | | | | | | | | | | | |
| 豆腐(冷凍・サイコロ) | 20 | 25 | | | | | | | | | | | | | | | | | | | | | | ● | | | | | | | | | | | | ● | |
| にんじん | 5 | 6.25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| ごぼう | 5 | 6.25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 大根 | 12 | 15 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 長ねぎ | 8 | 10 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 糸かまぼこ | 3 | 3.75 | | | | ▲ | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● | |
| 塩 | 0.4 | 0.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● | |
| 薄口醤油 | 3.5 | 4.38 | | | | ● | | | | | | | | | | | | | | | | | | | ● | | | | | | | | | | | ● | |
| 本みりん | 2 | 2.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● | |
| だしパック(鰹・鯖) | 2 | 2.5 | | | | | | | | | | | | | | | | | | ● | | | | | | | | | | | | | | | | ● | |
| 水 | 124 | 155 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 【ひなまつりゼリー】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| ひなまつり桃の花ゼリー | 40 | 40 | | | ▲ | ▲ | | | ▲ | | | | | | | | ● | | | | | | | | ● | | | | | | | | | | | ● | |

●…該当食品、▲…同一工場内での製造がある場合(コンタミネーション)

詳細献立表

2022年3月3日(木)

久喜市立学校給食センター

| 食品名 | 1人分小 (g) | 1人分中 (g) | アレルギー | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
|-------------------|----------|----------|-------|----|---|----|----|-----|---|-----|----|-----|----|----|------|-----|-----|----|-----|----|----|----|------|-----|----|------|------|---------|----|-------|---|----|--|--|---|---|
| | | | えび | かに | 卵 | 小麦 | そば | 落花生 | 乳 | あわび | いか | いくら | さけ | さば | オレンジ | りんご | バナナ | もも | りんご | 牛肉 | 鶏肉 | 豚肉 | ゼラチン | くるみ | 大豆 | まつたけ | やまいも | カシューナッツ | ごま | アーモンド | 月 | 後期 | | | | |
| 【地粉うどん】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 地粉うどん(70g) | 70 | 0 | | | ▲ | ● | ▲ | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● | |
| 地粉うどん(100g) | 0 | 100 | | | ▲ | ● | ▲ | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● | |
| 【牛乳】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 飲用牛乳 | 206 | 206 | | | | | | | ● | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 【鶏肉の磯辺揚げ】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 鶏胸切り身(40g) | 40 | 0 | | | | | | | | | | | | | | | | | | | ● | | | | | | | | | | | | | | | |
| 鶏胸切り身(50g) | 0 | 50 | | | | | | | | | | | | | | | | | | | ● | | | | | | | | | | | | | | | |
| 塩 | 0.3 | 0.36 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● | |
| 薄力粉 | 10 | 12 | | | ▲ | ● | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● | |
| 青のり | 0.3 | 0.36 | ▲ | ▲ | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● | |
| 塩 | 0.2 | 0.24 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● | |
| 水 | 11 | 13.2 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● | |
| 米油 | 7.8 | 9.36 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● | |
| 【小松菜のおひたし】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| こまつな | 15 | 18.8 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| もやし | 30 | 37.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| にんじん | 10 | 12.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 濃口醤油 | 3 | 3.75 | | | | ● | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 本みりん | 1 | 1.25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| だしパック(鰹・鯖) | 0.2 | 0.25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● | |
| 水 | 2 | 2.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 【京風うどん】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 豚肩小間切れ | 10 | 12.5 | | | | | | | | | | | | | | | | | | | | ● | | | | | | | | | | | | | | |
| にんじん | 10 | 12.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 大根 | 10 | 12.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 長ねぎ | 8 | 10 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 干椎茸 | 0.2 | 0.25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| カットわかめ(韓国産) | 0.3 | 0.38 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| かまぼこ(冷凍) | 5 | 6.25 | ▲ | | ▲ | | | | ▲ | | ▲ | | | | | | | | | | ▲ | | ▲ | ▲ | ▲ | | | ▲ | | | | | | | ● | |
| 油揚げ(スライス) | 5 | 6.25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● | |
| 薄口醤油 | 8 | 10 | | | | ● | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● | |
| 三温糖(30kg) | 1 | 1.25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● | |
| 清酒 | 1.2 | 1.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● | |
| 塩 | 0.6 | 0.75 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● | |
| だしパック(鰹・鯖) | 2.5 | 3.13 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● | |
| 昆布(だし昆布) | 0.4 | 0.5 | ▲ | ▲ | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● | |
| 水 | 165 | 206 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● | |

●…該当食品、▲…同一工場内での製造がある場合(コンタミネーション)

詳細献立表

2022年3月4日(金)

久喜市立学校給食センター

| 食品名 | 1人分小(g) | 1人分中(g) | アレルギー | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------|---------|---------|-------|----|---|----|----|-----|---|-----|----|-----|----|----|------|-----|-----|----|-----|----|----|----|------|-----|----|------|------|---------|----|-------|---|----|---|
| | | | えび | かに | 卵 | 小麦 | そば | 落花生 | 乳 | あわび | いか | いくら | さけ | さば | オレンジ | りんご | バナナ | もも | りんご | 牛肉 | 鶏肉 | 豚肉 | ゼラチン | くるみ | 大豆 | まつたけ | やまいも | カシューナッツ | ごま | アーモンド | 月 | 後期 | |
| 【ごはん】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 白飯 | 65 | 100 | | | | ▲ | | | | | | | | | | | | | | ▲ | ▲ | | | ▲ | | | | | ▲ | | | | ● |
| 【牛乳】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 飲用牛乳 | 206 | 206 | | | | | | | ● | | | | | | | | | | | | | | | | | | | | | | | | |
| 【野菜コロッケ】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 野菜コロッケ(50g) | 50 | 0 | ▲ | ▲ | | ● | | | | | | | | | | | | | | ▲ | ▲ | | | ● | | | | ▲ | | | | ● | |
| 野菜コロッケ(60g) | 0 | 60 | ▲ | ▲ | | ● | | | | | | | | | | | | | | ▲ | ▲ | | | ● | | | ▲ | | | | | ● | |
| 米油 | 5 | 6 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 中濃ソース(ボトル) | 5 | 6 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 【もやしと野菜のごま和え】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| もやし | 30 | 37.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| みずな 葉、生 | 12 | 15 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| にんじん | 10 | 12.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| ごま(白・すり) | 1.4 | 1.75 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 清酒 | 1 | 1.25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 三温糖(30kg) | 1.7 | 2.13 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 薄口醤油 | 3 | 3.75 | | | | ● | | | | | | | | | | | | | | | | | | ● | | | | | | | | | ● |
| 水 | 2 | 2.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 【なめこ汁】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| なめこ | 15 | 18.8 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| にんじん | 8 | 10 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| ほうれんそう(冷凍) | 8 | 10 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 油揚げ(スライス) | 4 | 5 | | | | | | | | | | | | | | | | | | | | | | ● | | | | | | | | | ● |
| 豆腐(冷凍・サイコロ) | 20 | 25 | | | | | | | | | | | | | | | | | | | | | | ● | | | | | | | | | ● |
| 味噌(白・20kg) | 5 | 6.25 | | | | | | | | | | | | | | | | | | | | | | ● | | | | | | | | | ● |
| 味噌(赤・20kg) | 3 | 3.75 | | | | | | | | | | | | | | | | | | | | | | ● | | | | | | | | | ● |
| 煮干しパック | 2 | 2.5 | ▲ | ▲ | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 水 | 124 | 155 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |

●…該当食品、▲…同一工場内での製造がある場合(コンタミネーション)

詳細献立表

2022年3月7日(月)

久喜市立学校給食センター

| 食品名 | 1人分小(g) | 1人分中(g) | アレルギー | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------|---------|---------|-------|----|---|----|----|-----|---|-----|----|-----|----|----|------|---------|-----|----|-----|----|----|----|------|-----|----|------|------|---------|----|-------|---|----|--|---|---|
| | | | えび | かに | 卵 | 小麦 | そば | 落花生 | 乳 | あわび | いか | いくら | さけ | さば | オレンジ | キウイフルーツ | バナナ | もも | りんご | 牛肉 | 鶏肉 | 豚肉 | ゼラチン | くるみ | 大豆 | まつたけ | やまいも | カシューナッツ | ごま | アーモンド | 月 | 後期 | | | |
| 【麦ごはん】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 麦ごはん | 58.5 | 90 | | | | ▲ | | | | | | | | | | | | | | | ▲ | ▲ | | | ▲ | | | | | ▲ | | | | ● | |
| 【牛乳】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 飲用牛乳 | 206 | 206 | | | | | | | ● | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 【お魚ナゲット】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| おさかなナゲット(20g) | 40 | 0 | ● | ▲ | ▲ | ● | | | ▲ | | ● | | ▲ | | | | | | | | | ▲ | | ● | | | | | ▲ | | ● | | | | |
| おさかなナゲット(30g) | 0 | 60 | ● | ▲ | ▲ | ● | | | ▲ | | ● | | ▲ | | | | | | | | | ▲ | | ● | | | | ▲ | | ● | | | | | |
| 米油 | 3 | 4.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● | |
| 【海そうサラダ】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 海藻ミックス | 0.4 | 0.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● | |
| もやし | 20 | 25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| にんじん | 10 | 12.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| キャベツ | 10 | 12.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| ドレッシング(青じそ) | 5 | 6.25 | | | | ● | | | | | | | | | | | | | ● | | | | | ● | | | | | | | | | | ● | |
| 【ポークカレー】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 豚肩小間切れ | 25 | 31.3 | | | | | | | | | | | | | | | | | | | | ● | | | | | | | | | | | | | |
| じゃがいも | 25 | 31.3 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| たまねぎ | 20 | 25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| にんじん | 15 | 18.8 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| ほうれんそう(冷凍) | 10 | 12.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| にんにく | 0.5 | 0.63 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 中濃ソース | 1 | 1.25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 米油 | 1 | 1.25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| トマトケチャップ | 3 | 3.75 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| トマトダイスカット | 2.5 | 3.13 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| カレーフレーク(甘口) | 14 | 17.5 | | | | ● | | | ● | | | | | | | ● | | ● | | | ● | | | ● | | | | | | | | | | ● | |
| カレーフレーク(Fe) | 5.5 | 6.88 | | | | ● | | | | | | | | | | | | | | | ● | | | ● | | | | | | | | | | ● | |
| ガラムマサラ | 0.05 | 0.06 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| スキムミルク | 2 | 2.5 | | | | | | | ● | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 水 | 80 | 100 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |

●…該当食品、▲…同一工場内での製造がある場合(コンタミネーション)

詳細献立表

2022年3月8日(火)

久喜市立学校給食センター

| 食品名 | 1人分 小 (g) | 1人分 中 (g) | アレルゲン | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------|-----------------|-----------------|-------|----|---|----|----|-----|---|-----|----|-----|----|----|------|-----|-----|----|-----|----|----|----|------|-----|----|------|------|---------|----|-------|---|----|---|
| | | | えび | かに | 卵 | 小麦 | そば | 落花生 | 乳 | あわび | いか | いくら | さけ | さば | オレンジ | ケール | バナナ | もも | りんご | 牛肉 | 鶏肉 | 豚肉 | ゼラチン | くるみ | 大豆 | まつたけ | やまいも | カシューナッツ | ごま | アーモンド | 月 | 後期 | |
| 【ごはん】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 白飯 | 65 | 100 | | | | ▲ | | | | | | | | | | | | | | ▲ | ▲ | | | ▲ | | | | | ▲ | | | | ● |
| 【牛乳】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 飲用牛乳 | 206 | 206 | | | | | | | ● | | | | | | | | | | | | | | | | | | | | | | | | |
| 【さわらの香味だれがけ】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| さわら切身(40g) | 40 | 0 | ▲ | | ▲ | ▲ | | | ▲ | | | | | | | | | | | | | | | | | | | | | | | ● | |
| さわら切身(50g) | 0 | 50 | ▲ | | ▲ | ▲ | | | ▲ | | | | | | | | | | | | | | | | | | | | | | | ● | |
| しょうが | 0.3 | 0.36 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 本みりん | 3.75 | 4.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 濃口醤油 | 3 | 3.6 | | | | ● | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 清酒 | 1 | 1.2 | | | | | | | | | | | | | | | | | | | | | | ● | | | | | | | | | |
| じゃがいも澱粉 | 0.5 | 0.6 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 水 | 2.8 | 3.36 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 【筑前煮】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 鶏もも小間切れ | 10 | 12.5 | | | | | | | | | | | | | | | | | | | ● | | | | | | | | | | | | |
| 里芋(カット) | 12 | 15 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● | |
| 乱切りれんこん | 5 | 6.25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● | |
| にんじん | 10 | 12.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 乱切りごぼう | 8 | 10 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● | |
| 冷凍さやいんげん(カット) | 3 | 3.75 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● | |
| 角切りこんにゃく | 5 | 6.25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● | |
| たけのこ(水煮) | 4 | 5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● | |
| 米油 | 1 | 1.25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● | |
| 三温糖(30kg) | 0.8 | 1 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● | |
| 濃口醤油 | 2.6 | 3.25 | | | | ● | | | | | | | | | | | | | | | | | | ● | | | | | | | | ● | |
| 清酒 | 2 | 2.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● | |
| 本みりん | 2 | 2.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● | |
| 和風だし | 0.6 | 0.75 | ▲ | ▲ | ▲ | ▲ | | ▲ | ▲ | | | | | | | | | | | | | | | | | | | | | | | ● | |
| 水 | 13 | 16.3 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 【紅白はんぺんのすまし汁】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 紅白あらればんぺん | 10 | 12.5 | ▲ | | ▲ | ▲ | | | | ▲ | | | | | | | | | | | | | | ▲ | | | | | | | | ● | |
| 小松菜(冷凍) | 10 | 12.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● | |
| 大根 | 15 | 18.8 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 長ねぎ | 8 | 10 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 干椎茸 | 0.15 | 0.19 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 豆腐(冷凍・サイコロ) | 10 | 12.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 薄口醤油 | 3.5 | 4.38 | | | | ● | | | | | | | | | | | | | | | | | | ● | | | | | | | | | |
| 塩 | 0.4 | 0.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 本みりん | 2 | 2.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| だしパック(鰹・鯖) | 2 | 2.5 | | | | | | | | | | | | | | | | | | ● | | | | | | | | | | | | | |
| 水 | 125 | 156 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 【お祝いクレープ】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| お祝いクレープ35g | 35 | 35 | | | | | | | | | | | | | | ▲ | ▲ | ▲ | | | | | | ● | | | | | | | | ● | |

●…該当食品、▲…同一工場内での製造がある場合(コンタミネーション)

詳細献立表

2022年3月9日(水)

久喜市立学校給食センター

| 食品名 | 1人分 小 (g) | 1人分 中 (g) | アレルギー | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
|------------------|-----------------|-----------------|-------|----|---|----|----|-----|---|-----|----|-----|----|----|------|---------|-----|----|-----|----|----|----|------|-----|----|------|------|---------|----|-------|---|----|---|---|
| | | | えび | かに | 卵 | 小麦 | そば | 落花生 | 乳 | あわび | いか | いくら | さけ | さば | オレンジ | キウイフルーツ | バナナ | もも | りんご | 牛肉 | 鶏肉 | 豚肉 | ゼラチン | くるみ | 大豆 | まつたけ | やまいも | カシューナッツ | ごま | アーモンド | 月 | 後期 | | |
| 【ツイストパン】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| ツイストパン(50g) | 50 | 0 | | | ▲ | ● | | | | ● | | | | | | | | | | | | | | ● | | | | ▲ | | | | | | ● |
| ツイストパン(70g) | 0 | 70 | | | ▲ | ● | | | | ● | | | | | | | | | | | | | ● | | | | ▲ | | | | | | ● | |
| 【牛乳】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 飲用牛乳 | 206 | 206 | | | | | | | | ● | | | | | | | | | | | | | | | | | | | | | | | | |
| 【白身魚のエスカベッシュ】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 白身魚澱粉付き(40g) | 40 | 0 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● | |
| 白身魚澱粉付き(50g) | 0 | 50 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● | |
| 米油 | 4 | 4.8 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| たまねぎ | 7 | 8.4 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| にんじん | 3 | 3.6 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| オリーブ油 | 0.4 | 0.48 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 酢 | 4 | 4.8 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| レモン果汁 | 1 | 1.2 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 塩 | 0.2 | 0.24 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 白こしょう | 0.02 | 0.02 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 上白糖 | 1 | 1.2 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 水 | 1 | 1.2 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 【大根とコーンのサラダ】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 大根 | 30 | 37.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| ホールコーン(冷凍) | 10 | 12.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| チンゲンサイ | 15 | 18.8 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| ドレッシング(具だくさん玉ねぎ) | 5 | 6.25 | | | | ● | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 【ベーコンと野菜のトマトスープ】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| ショルダーベーコン | 10 | 12.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| キャベツ | 15 | 18.8 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| にんじん | 10 | 12.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| たまねぎ | 20 | 25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| にんにく | 0.5 | 0.63 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| オリーブ油 | 0.5 | 0.63 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| トマトダイスカット | 15 | 18.8 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| トマトケチャップ | 3 | 3.75 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| ホールコーン(冷凍) | 10 | 12.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| ひよこ豆 | 8 | 10 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● | |
| コンソメ | 2 | 2.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 塩 | 0.6 | 0.75 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 白こしょう | 0.02 | 0.03 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 水 | 103 | 129 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |

●…該当食品、▲…同一工場内での製造がある場合(コンタミネーション)

詳細献立表

2022年3月10日(木)

久喜市立学校給食センター

| 食品名 | 1人分小 (g) | 1人分中 (g) | アレルギー | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------------|----------|----------|-------|----|---|----|----|-----|---|-----|----|-----|----|----|------|-----|-----|----|-----|----|----|----|------|-----|----|------|------|---------|----|-------|---|----|---|---|---|---|
| | | | えび | かに | 卵 | 小麦 | そば | 落花生 | 乳 | あわび | いか | いくら | さけ | さば | オレンジ | リンゴ | バナナ | もも | りんご | 牛肉 | 鶏肉 | 豚肉 | ゼラチン | くるみ | 大豆 | まつたけ | やまいも | カシューナッツ | ごま | アーモンド | 月 | 後期 | | | | |
| 【ソフトめん】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| ソフトめん(70g) | 70 | 0 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| ソフトめん(100g) | 0 | 100 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 【牛乳】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 飲用牛乳 | 206 | 206 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 【フライドポテト】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| じゃがいも(カット) | 70 | 87.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 米油 | 5.5 | 6.88 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 塩 | 0.2 | 0.25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 白ごししょう | 0.01 | 0.01 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| コンソメ | 0.3 | 0.38 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 【カリフラワーのサラダ】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| カリフラワー(冷凍) | 20 | 25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| キャベツ | 20 | 25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| にんじん | 10 | 12.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| ドレッシング(イタリアン) | 5 | 6.25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 【ミートソース】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 豚ひき肉 | 25 | 31.3 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| にんにく | 0.3 | 0.38 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| たまねぎ | 30 | 37.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 米油 | 1 | 1.25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 炒め玉ねぎ(冷凍) | 20 | 25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| にんじん | 15 | 18.8 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| ハヤシブレーク | 19 | 23.8 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| デミグラスソース | 4 | 5 | ▲ | ▲ | ▲ | ● | ▲ | ▲ | ▲ | | | | | | ▲ | ▲ | ▲ | ▲ | ▲ | ▲ | ▲ | ▲ | ▲ | ▲ | ▲ | ▲ | ▲ | ▲ | ▲ | ▲ | ▲ | ● | ▲ | ▲ | ▲ | ▲ |
| トマトピューレ | 9 | 11.3 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| トマトダイスカット | 22 | 27.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| トマトケチャップ | 9 | 11.3 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 中濃ソース | 6 | 7.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 赤ワイン | 1.5 | 1.88 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 三温糖(30kg) | 1.5 | 1.88 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| コンソメ | 1.2 | 1.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 薄口醤油 | 0.45 | 0.56 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 塩 | 0.3 | 0.38 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 白ごししょう | 0.04 | 0.05 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 水 | 60 | 75 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |

●…該当食品、▲…同一工場内での製造がある場合(コンタミネーション)

詳細献立表

2022年3月11日(金)

久喜市立学校給食センター

| 食品名 | 1人分小(g) | 1人分中(g) | アレルギー | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|---------|---------|-------|----|---|----|----|-----|---|-----|----|-----|----|----|------|-----|-----|----|-----|----|----|----|------|-----|----|------|------|------|----|-------|---|----|---|--|---|---|
| | | | えび | かに | 卵 | 小麦 | そば | 落花生 | 乳 | あわび | いか | いくら | さけ | さば | オレンジ | りんご | バナナ | もも | りんご | 牛肉 | 鶏肉 | 豚肉 | ゼラチン | くるみ | 大豆 | まつたけ | やまいも | かぼちゃ | ごま | アーモンド | 月 | 後期 | | | | |
| 【ごはん】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 白飯 | 65 | 100 | | | | ▲ | | | | | | | | | | | | | | | ▲ | ▲ | | | ▲ | | | | | | | ▲ | | | ● | |
| 【牛乳】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 飲用牛乳 | 206 | 206 | | | | | | | ● | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 【いわしの梅煮】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| いわし梅煮(40g) | 40 | 0 | | | ▲ | ● | | | | | | ▲ | ▲ | ▲ | | | | | | | | | | | ● | | | | | ▲ | | | ● | | | |
| いわし梅煮(50g) | 0 | 50 | | | ▲ | ● | | | | | | ▲ | ▲ | ▲ | | | | | | | | | | ● | | | | | ▲ | | | ● | | | | |
| 【きんぴら】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 豚もも小間切れ | 10 | 12.5 | | | | | | | | | | | | | | | | | | | | ● | | | | | | | | | | | | | | |
| ごぼう(千切り・金平用) | 15 | 18.8 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● | |
| にんじん | 15 | 18.8 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● | |
| さつまあげ(冷凍) | 10 | 12.5 | ▲ | ▲ | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● | |
| こんにゃく(突きこんにゃく) | 8 | 10 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● | |
| 米油 | 0.5 | 0.63 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● | |
| 清酒 | 0.8 | 1 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● | |
| 濃口醤油 | 3 | 3.75 | | | | ● | | | | | | | | | | | | | | | | | | | ● | | | | | | | | | | ● | |
| 三温糖(30kg) | 1.2 | 1.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● | |
| 和風だし | 0.3 | 0.38 | ▲ | ▲ | ▲ | ▲ | | ▲ | ▲ | | | | | | | | | | | | | | | | | | | | | | | | | | ● | |
| ごま油 | 1 | 1.25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● | |
| ごま(白・いり) | 0.8 | 1 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● | |
| 水 | 6 | 7.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 【せんべい汁】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 豆腐(冷凍・サイコロ) | 20 | 25 | | | | | | | | | | | | | | | | | | | | | | | ● | | | | | | | | | | ● | |
| にんじん | 8 | 10 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 大根 | 10 | 12.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 長ねぎ | 8 | 10 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 南部せんべい | 5 | 6.25 | | | | ● | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 油揚げ(スライス) | 4 | 5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 味噌(白・20kg) | 6 | 7.5 | | | | | | | | | | | | | | | | | | | | | | | | ● | | | | | | | | | | ● |
| 味噌(赤・20kg) | 2 | 2.5 | | | | | | | | | | | | | | | | | | | | | | | ● | | | | | | | | | | | ● |
| 煮干しパック | 2 | 2.5 | ▲ | ▲ | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 水 | 131 | 164 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |

●…該当食品、▲…同一工場内での製造がある場合(コンタミネーション)

詳細献立表

2022年3月14日(月)

久喜市立学校給食センター

| 食品名 | 1人分小 (g) | 1人分中 (g) | アレルギー | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
|------------------|----------|----------|-------|----|---|----|----|-----|---|-----|----|-----|----|----|------|-----|-----|----|-----|----|----|----|------|-----|----|------|------|---------|----|-------|---|----|---|--|--|--|
| | | | えび | かに | 卵 | 小麦 | そば | 落花生 | 乳 | あわび | いか | いくら | さけ | さば | オレンジ | りんご | バナナ | もも | りんご | 牛肉 | 鶏肉 | 豚肉 | ゼラチン | くるみ | 大豆 | まつたけ | やまいも | カシューナッツ | ごま | アーモンド | 月 | 後期 | | | | |
| 【ごはん】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 白飯 | 65 | 100 | | | | ▲ | | | | | | | | | | | | | | | ▲ | ▲ | | | ▲ | | | | | | | | ● | | | |
| 【牛乳】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 飲用牛乳 | 206 | 206 | | | | | | | ● | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 【さばの辛み焼き】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| さば切身辛味漬(40g) | 40 | 0 | | | ▲ | ● | | | | | | ● | ● | | | | | | | | | | | ● | | | | | | | | | | | | |
| さば切身辛味漬(50g) | 0 | 50 | | | ▲ | ● | | | | | | ● | ● | | | | | | | | | | | ● | | | | | | | | | | | | |
| 【じゃがいものコチュジャン炒め】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 豚ひき肉 | 5 | 6.25 | | | | | | | | | | | | | | | | | | | | ● | | | | | | | | | | | | | | |
| たまねぎ | 18 | 22.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| むぎ枝豆(冷凍) | 2 | 2.5 | | | | | | | | | | | | | | | | | | | | | | ● | | | | | | | | | | | | |
| じゃがいも(カット) | 40 | 50 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 長ねぎ | 3 | 3.75 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| しょうが | 0.2 | 0.25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 米油 | 0.8 | 1 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| コチュジャン | 0.7 | 0.88 | | | | | | | | | | | | | | | | | | | | | | | ● | | | | | | | | | | | |
| 清酒 | 1.2 | 1.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 濃口醤油 | 1.1 | 1.38 | | | | ● | | | | | | | | | | | | | | | | | | | ● | | | | | | | | | | | |
| 三温糖(30kg) | 1 | 1.25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 塩 | 0.05 | 0.06 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| ごま油 | 0.5 | 0.63 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| ごま(白・いり) | 0.8 | 1 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| じゃがいも澱粉 | 1 | 1.25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 【トック入りスープ】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 鶏胸小間 | 15 | 18.8 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 米油 | 0.8 | 1 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| にんじん | 5 | 6.25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 干椎茸 | 0.3 | 0.38 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| はくさい | 15 | 18.8 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| にら | 2 | 2.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| トック | 18 | 22.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 中華スープの素 | 0.5 | 0.63 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| とりがらスープの素 | 3 | 3.75 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 塩 | 0.6 | 0.75 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 濃口醤油 | 2.5 | 3.13 | | | | ● | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| ごま油 | 0.5 | 0.63 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 白こしょう | 0.02 | 0.03 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 水 | 135 | 169 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |

●…該当食品、▲…同一工場内での製造がある場合(コンタミネーション)

詳細献立表

2022年3月15日(火)

久喜市立学校給食センター

| 食品名 | 1人分小 (g) | 1人分中 (g) | アレルゲン | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
|--------------|----------|----------|-------|----|---|----|----|-----|---|-----|----|-----|----|----|------|---------|-----|----|-----|----|----|----|------|-----|----|------|------|---------|----|-------|---|----|--|--|---|---|
| | | | えび | かに | 卵 | 小麦 | そば | 落花生 | 乳 | あわび | いか | いくら | さけ | さば | オレンジ | キウイフルーツ | バナナ | もも | りんご | 牛肉 | 鶏肉 | 豚肉 | ゼラチン | くるみ | 大豆 | まつたけ | やまいも | カシューナッツ | ごま | アーモンド | 月 | 後期 | | | | |
| 【ごはん】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 白飯 | 65 | 100 | | | | ▲ | | | | | | | | | | | | | | | ▲ | ▲ | | | ▲ | | | | | | | | | | ● | |
| 【牛乳】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 飲用牛乳 | 206 | 206 | | | | | | | ● | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 【いかと大豆の甘辛和え】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 短冊いか澱粉付き | 40 | 50 | ▲ | | ▲ | ▲ | | | ▲ | | ● | | | | | | | | | | | | | | | | | | | | | | | | ● | |
| ゆで大豆(冷凍) | 20 | 25 | | | | | | | | | | | | | | | | | | | | | | ● | | | | | | | | | | | ● | |
| じゃがいも澱粉 | 0.6 | 0.75 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● | |
| 米油 | 6 | 7.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● | |
| 三温糖(30kg) | 2 | 2.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● | |
| 本みりん | 1.5 | 1.88 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● | |
| 濃口醤油 | 2.5 | 3.13 | | | | ● | | | | | | | | | | | | | | | | | | ● | | | | | | | | | | | ● | |
| 水 | 6 | 7.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 【茎わかめの和え物】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 茎わかめ(塩蔵) | 5 | 6.25 | ▲ | ▲ | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| キャベツ | 20 | 25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| ホールコーン(冷凍) | 10 | 12.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| もやし | 15 | 18.8 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| ドレッシング(香味塩) | 5 | 6.25 | | | | ● | | | | | | | | | | | | | | | ● | | | | | | | | | | | | | | | ● |
| 【豚汁】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 豚もも小間切れ | 10 | 12.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| にんじん | 8 | 10 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 大根 | 8 | 10 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| こんにゃく(短冊切り) | 5 | 6.25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 生揚げ(カット) | 20 | 25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| じゃがいも | 10 | 12.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| ごぼう | 5 | 6.25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 味噌(赤・20kg) | 5 | 6.25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 味噌(白・20kg) | 3 | 3.75 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 煮干しパック | 2 | 2.5 | ▲ | ▲ | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 水 | 111 | 139 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |

●…該当食品、▲…同一工場内での製造がある場合(コンタミネーション)

詳細献立表

2022年3月16日(水)

久喜市立学校給食センター

| 食品名 | 1人分小 (g) | 1人分中 (g) | アレルゲン | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|----------|----------|-------|----|---|----|----|-----|---|-----|----|-----|----|----|------|---------|-----|----|-----|----|----|----|------|-----|----|------|------|---------|----|-------|---|----|--|--|--|---|---|---|---|
| | | | えび | かに | 卵 | 小麦 | そば | 落花生 | 乳 | あわび | いか | いくら | さけ | さば | オレンジ | キウイフルーツ | バナナ | もも | りんご | 牛肉 | 鶏肉 | 豚肉 | ゼラチン | くるみ | 大豆 | まつたけ | やまいも | カシューナッツ | ごま | アーモンド | 月 | 後期 | | | | | | | |
| 【バーガーパン】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| バーガーパン(50g) | 50 | 0 | | | ▲ | ● | | | ● | | | | | | | | | | | | | | | ● | | | | | ▲ | | | ● | | | | | | | |
| バーガーパン(70g) | 0 | 70 | | | ▲ | ● | | | ● | | | | | | | | | | | | | | ● | | | | | ▲ | | | ● | | | | | | | | |
| 【牛乳】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 飲用牛乳 | 206 | 206 | | | | | | | ● | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 【魚の香草フライ】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 魚の香草フライ(40g) | 40 | 0 | | | | ● | | | | | ▲ | | | | | | | | | | | | | ▲ | | | | | | | | | | | | ● | | | |
| 魚の香草フライ(50g) | 0 | 50 | | | | ● | | | | | ▲ | | | | | | | | | | | | ▲ | | | | | | | | | | | | | ● | | | |
| 米油 | 4 | 5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● | | | |
| 【ビーンズサラダ】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| ゆで大豆(冷凍) | 10 | 12.5 | | | | | | | | | | | | | | | | | | | | | | ● | | | | | | | | | | | | | ● | | |
| むき枝豆(冷凍) | 5 | 6.25 | | | | | | | | | | | | | | | | | | | | | ● | | | | | | | | | | | | | | ● | | |
| キャベツ | 20 | 25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| にんじん | 10 | 12.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| ドレッシング(ごま) | 5 | 6.25 | | | | ● | | | | | | | | | | | | | | | | | ● | | | | | | | | | | | | | | | ● | |
| 【クリームスープ】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| ミートボール(8g 鉄・Ca) | 24 | 30 | ▲ | ▲ | ▲ | ▲ | | | ▲ | | | | | | | | | | | | | ● | ● | | ● | | | | | | | | | | | | ● | | |
| マッシュルーム水煮スライス | 5 | 6.25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● | |
| たまねぎ | 20 | 25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| じゃがいも(カット) | 20 | 25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| にんじん | 8 | 10 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 調理用牛乳 | 20 | 25 | | | | | | | ● | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 豆乳 | 5 | 6.25 | | | | | | | | | | | | | | | | | | | | | | ● | | | | | | | | | | | | | | | ● |
| コンソメ | 1 | 1.25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● | |
| 塩 | 0.4 | 0.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● | |
| 白こしょう | 0.02 | 0.03 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● | |
| 米油 | 0.5 | 0.63 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● | |
| ホワイトルウ(Fe・Ca強化) | 12 | 15 | | | | ● | | | ● | | | | | | | | | | | | | | | ● | | | | | | | | | | | | | | ● | |
| スキムミルク | 2 | 2.5 | | | | | | | ● | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● | | |
| ミルクカルシウム | 2 | 2.5 | | | | | | | ● | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● | | |
| 水 | 80 | 100 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● | |

●…該当食品、▲…同一工場内での製造がある場合(コンタミネーション)

詳細献立表

2022年3月17日(木)

久喜市立学校給食センター

| 食品名 | 1人分小(g) | 1人分中(g) | アレルギー | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
|--------------|---------|---------|-------|----|---|----|----|-----|---|-----|----|-----|----|----|------|-----|-----|----|-----|----|----|----|------|-----|----|------|------|------|----|-------|---|----|---|---|---|
| | | | えび | かに | 卵 | 小麦 | そば | 落花生 | 乳 | あわび | いか | いくら | さけ | さば | オレンジ | りんご | バナナ | もも | りんご | 牛肉 | 鶏肉 | 豚肉 | ゼラチン | くるみ | 大豆 | まつたけ | やまいも | かぼちゃ | ごま | アーモンド | 月 | 後期 | | | |
| 【地粉うどん】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 地粉うどん(70g) | 70 | 0 | | | ▲ | ● | ▲ | | | | | | | | | | | | | | | | | | | | | | | | | | ● | | |
| 地粉うどん(100g) | 0 | 100 | | | ▲ | ● | ▲ | | | | | | | | | | | | | | | | | | | | | | | | | | ● | | |
| 【牛乳】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 飲用牛乳 | 206 | 206 | | | | | | | ● | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 【鶏肉のねぎソース】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 鶏もも肉切り身(50g) | 50 | 0 | | | | | | | | | | | | | | | | | | | ● | | | | | | | | | | | | | | |
| 鶏もも肉切り身(60g) | 0 | 60 | | | | | | | | | | | | | | | | | | | ● | | | | | | | | | | | | | | |
| 塩 | 0.18 | 0.21 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● | |
| 白こしょう | 0.02 | 0.02 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● | |
| 清酒 | 1 | 1.2 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● | |
| 長ねぎ | 6.4 | 7.7 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| しょうが | 0.1 | 0.12 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| にんにく | 0.1 | 0.12 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| ごま油 | 0.16 | 0.19 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● | |
| 三温糖(30kg) | 2.4 | 2.88 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● | |
| 濃口醤油 | 1.6 | 1.92 | | | | ● | | | | | | | | | | | | | | | | | ● | | | | | | | | | | | ● | |
| 清酒 | 0.8 | 0.96 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● | |
| 水 | 8 | 9.2 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 【チョレギ風サラダ】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| にんじん | 8 | 10 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 切り干し大根 | 5 | 6.25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| キャベツ | 15 | 18.8 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| ドレッシング(ナムル) | 5 | 6.25 | | | | ● | | | | | | | | | | | | | | | | ● | | ● | | | | | | | | | | ● | |
| 刻みのり(バック) | 0.6 | 0.75 | ▲ | ▲ | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● | |
| 【豚キムチうどん】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 豚肩小間切れ | 15 | 18.8 | | | | | | | | | | | | | | | | | | | | ● | | | | | | | | | | | | | |
| にんにく | 0.3 | 0.38 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| しょうが | 0.3 | 0.38 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| はくさい | 20 | 25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| にんじん | 15 | 18.8 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| にら | 2 | 2.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 白菜キムチ | 15 | 18.8 | | | | ● | | | | | | | | | | | ● | | | | | | | | ● | | | | | | | | | | ● |
| ごま油 | 1 | 1.25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 清酒 | 1.7 | 2.13 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 本みりん | 0.3 | 0.38 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 三温糖(30kg) | 1.25 | 1.56 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 濃口醤油 | 5 | 6.25 | | | | ● | | | | | | | | | | | | | | | | | ● | | | | | | | | | | | | ● |
| 味噌(赤・20kg) | 2 | 2.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| だしバック(鰹・鯖) | 2 | 2.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 水 | 139 | 174 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |

●…該当食品、▲…同一工場内での製造がある場合(コンタミネーション)

詳細献立表

2022年3月18日(金)

久喜市立学校給食センター

| 食品名 | 1人分小 (g) | 1人分中 (g) | アレルゲン | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
|--------------|----------|----------|-------|----|---|----|----|-----|---|-----|----|-----|----|----|------|-----|-----|----|-----|----|----|----|------|-----|----|------|------|---------|----|-------|---|----|---|
| | | | えび | かに | 卵 | 小麦 | そば | 落花生 | 乳 | あわび | いか | いくら | さけ | さば | オレンジ | りんご | バナナ | もも | りんご | 牛肉 | 鶏肉 | 豚肉 | ゼラチン | くるみ | 大豆 | まつたけ | やまいも | カシューナッツ | ごま | アーモンド | 月 | 後期 | |
| 【ごはん】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 白飯 | 65 | 100 | | | | ▲ | | | | | | | | | | | | | | | ▲ | ▲ | | | | | | | ▲ | | | ● | |
| 【牛乳】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 飲用牛乳 | 206 | 206 | | | | | | | ● | | | | | | | | | | | | | | | | | | | | | | | | |
| 【春巻き】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 春巻き(40g) | 40 | 0 | ▲ | ▲ | ▲ | ● | | | ▲ | | ▲ | | ▲ | | | | | | | ▲ | ● | | | | | | | | | | | ● | |
| 春巻き(50g) | 0 | 50 | ▲ | ▲ | ▲ | ● | | | ▲ | | ▲ | | ▲ | | | | | | | ▲ | ● | | | | | | | | | | | ● | |
| 米油 | 4 | 5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● | |
| 【春雨サラダ】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 緑豆春雨 | 4 | 5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● | |
| もやし | 20 | 25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| こまつな | 10 | 12.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| にんじん | 8 | 10 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| ごま油 | 1 | 1.25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● | |
| 濃口醤油 | 3 | 3.75 | | | | ● | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 上白糖 | 1 | 1.25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 酢 | 1 | 1.25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 中華スープの素 | 0.3 | 0.38 | | | | | | | | | | | | | | | | | | | ● | ● | | | | | | | | | | ● | |
| 塩 | 0.1 | 0.13 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 【中華風かきたまスープ】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 鶏胸小間 | 10 | 12.5 | | | | | | | | | | | | | | | | | | | ● | | | | | | | | | | | | ● |
| ホールコーン(冷凍) | 7 | 8.75 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| たまねぎ | 25 | 31.3 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 冷凍液卵 | 10 | 12.5 | | | ● | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 豆腐(冷凍・サイコロ) | 15 | 18.8 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 米油 | 0.6 | 0.75 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| とりがらスープの素 | 5 | 6.25 | | | | | | | | | | | | | | | | | | | ● | | | | | | | | | | | | ● |
| 中華スープの素 | 1 | 1.25 | | | | | | | | | | | | | | | | | | | ● | ● | | | | | | | | | | ● | |
| 濃口醤油 | 1 | 1.25 | | | | ● | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 塩 | 0.4 | 0.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 白こしょう | 0.02 | 0.03 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 清酒 | 1 | 1.25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| じゃがいも澱粉 | 3 | 3.75 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| ごま油 | 0.8 | 1 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| 水 | 119 | 149 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |

●…該当食品、▲…同一工場内での製造がある場合(コンタミネーション)

詳細献立表

2022年3月23日(水)

久喜市立学校給食センター

| 食品名 | 1人分 小 (g) | 1人分 中 (g) | アレルゲン | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
|--------------------|-----------------|-----------------|-------|----|---|----|----|-----|---|-----|----|-----|----|----|------|-----|-----|----|-----|----|----|----|------|-----|----|------|------|---------|----|-------|---|----|---|---|---|---|
| | | | えび | かに | 卵 | 小麦 | そば | 落花生 | 乳 | あわび | いか | いくら | さけ | さば | オレンジ | りんご | バナナ | もも | りんご | 牛肉 | 鶏肉 | 豚肉 | ゼラチン | くるみ | 大豆 | まつたけ | やまいも | カシューナッツ | ごま | アーモンド | 月 | 後期 | | | | |
| 【こどもパン】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| こどもパン(50g) | 50 | 0 | | | ▲ | ● | | | ● | | | | | | | | | | | | | | ● | | | | | | | ▲ | | | | ● | | |
| こどもパン(70g) | 0 | 70 | | | ▲ | ● | | | ● | | | | | | | | | | | | | | ● | | | | | | | ▲ | | | | ● | | |
| 【牛乳】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 飲用牛乳 | 206 | 206 | | | | | | | ● | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 【メンチカツ】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| メンチカツ(50g) | 50 | 0 | | | | | | | | | | | | | | | | | ▲ | ▲ | ● | ● | ▲ | ● | | | | | | ▲ | | | ● | | | |
| メンチカツ(70g) | 0 | 70 | | | | | | | | | | | | | | | | | ▲ | ▲ | ● | ● | ▲ | ● | | | | | | ▲ | | | ● | | | |
| 米油 | 5 | 7 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● | |
| 中濃ソース(ボトル) | 5 | 5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● | |
| 【コロコロソテー】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| フランクフルト(カット) | 12 | 15 | | | | | | | | | | | | | | | | | | | | ● | | | | | | | | | | | | | ● | |
| ホールコーン(冷凍) | 10 | 12.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● | |
| 冷凍さやいんげん(カット) | 8 | 10 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● | |
| カットポテト(ダイス・冷凍) | 25 | 31.3 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● | |
| 米油 | 0.5 | 0.63 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● | |
| 塩 | 0.4 | 0.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● | |
| 白こしょう | 0.02 | 0.03 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● | |
| コンソメ | 0.3 | 0.38 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● | |
| 水 | 1 | 1.25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 【春キャベツのスープ】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 鶏胸小間 | 10 | 12.5 | | | | | | | | | | | | | | | | | | | ● | | | | | | | | | | | | | | | |
| にんじん | 10 | 12.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| たまねぎ | 25 | 31.3 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| キャベツ | 20 | 25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 米油 | 0.5 | 0.63 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● |
| コンソメ | 2 | 2.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● | |
| 濃口醤油 | 0.3 | 0.38 | | | | ● | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● | |
| 塩 | 0.5 | 0.63 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● | |
| 白こしょう | 0.01 | 0.01 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ● | |
| 水 | 127 | 159 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |

●…該当食品、▲…同一工場内での製造がある場合(コンタミネーション)